## **Chiropractic Spinal and Posture Screenings**

The latest research has now proven that posture is the window to the spine and a critical tool used to interpret spinal health.

If posture is out of balance then the spine inside is out of balance, putting unhealthy pressure upon your nervous system know as **subluxation**. This can result from activities as subtle as sleeping, standing or walking, to more obvious traumas like emotional stress, work or auto injuries, recreational injuries, and even the birth process itself.



Optimal posture is a vital key to achieving optimal health. Early detection and elimination of subluxation will lead to a healthy nervous system at any stage of life.

In order to give back to the community, we provide these screenings at area malls, community events, health fairs and places of employment. Our screenings include a PostureScreen Mobile Assessment with a FREE report sent directly to the prospective patient.

Contact us today at **609-301-7530** to arrange a screening at your event or workplace.